LEISURE TIME ACTIVITIES AMONG 11th STANDARD STUDENTS OF CHENNAI SCHOOLS

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Abstract

The present study examined study on leisure time activities among 11th standard students of Chennai schools. The investigator obtained permission from the Head of the Institutions for data collection from 300 students. Survey method of study is used and random sampling technique to collect data. Questionnaire consists of 27 statements depicting various leisure time activities. The reliability of the instrument was determined by test method found to be 0.7956 which was significant at 0.01 levels. The following statistical techniques were adopted to realize the objectives and to test hypothesis: Descriptive analysis (Mean and Standard deviation), Differential analysis (t-values F ratio), and associated analysis (Chi-Square test), and Pearson correlation analysis (r). Major findings of the study revealed that the level of Leisure time Activity among the XI Standard students is moderate. There is significant difference in their Leisure Time Activity with respect to their Gender, Government VS Government. Aided, Government VS Private Type of Management, Below 10000 VS above 15000 and 10000-15000 vs. Above Parent's Income, BC vs. MBC, BC vs. SC/ST Community, Government vs. Government Aided, Government Vs Private and Government. Aided vs. Private Type of Management. There is significant association between Government, Government Aided and private students with respect Leisure time activity. There is significant relationship in Leisure time activity and Academic Achievement among the XI Standard students.

Introduction

Everyone possesses certain interests due to which he likes certain activities or prefers to spend his leisure hours in a certain manner. He also reacts in characterizes ways to social, political or religious issues, some ideals or life – goals which he cherishes and displays some concepts of right and wrong, virtue and vice, good and evil. No one is born with any of these predispositions. In course of his life experience, they develop and make the individual, selectively oriented towards certain aspects of the environment. A great deal can be learned about the XI STD student by finding out what he/she does during his/her leisure time. The way in which he uses his spare time is often the key to his unmet needs .It is also an indication of his home background, of his home background, of the interests of his parents, and of his own aptitudes and ambitions. The study on "Leisure time activities" is very indispensable in a serious and mechanical life of the present scenario. Though leisure is thought to be unimportant in a day to day life, it determines relaxation or enjoyment. Fitzgerald define, "LESIURE AS THE FREE TIME" during which human interest are expressed. According to Ida Craven, Leisure means simply freedom from activities centering round the taking out of a lively hood – it is time during which one does what one wishes to do. Vontobel associated "Leisure with spiritual and artistic value implies a tolerance for fantasy and associated with aristocratic refinement, quite dignity and graciousness".

Importance of Leisure Time Activities

Each and every good school, teacher and students need to have good circumstances with a peace and beautiful leisure time. Today's children are the future citizens of our country. They should effectively use their time and develop their attitude. The knowledge and extracurricular activities of the students are gained from the school. They should be able to apply the principles in their life. No one would ever understand the importance of Leisure Time till the time they experience the values and benefits of it on their own. It is more of a fun embodied in the form of activities to refresh one's body and mind. While type of Leisure Time varies from individual to individual, spending time in something that rock your senses is an experience in itself. Students

Excess of Leisure Time is called escapism and is something that distracts you from your main purpose and affects your time too. A well blended mixture of work and Leisure Time is excellent recipe that keeps you going on the path to success. The Values and Benefits of Leisure Time for Students are numerous. The charm lies in looking out something that's works out best for you. There are different types of Leisure Time Activities and what value and benefit you derive from it depends upon your pro-activeness to try them out and incorporate them as part of working routine.

Need for the Study

The need of the Study is for finding out the Leisure time activities of the XI Standard Students, how they make and change the Leisure Time into a useful time. Finding whether Leisure Time Activities are developing their Skills and attitude towards their future progress, the ability to apply this knowledge fully, with the help of the power, helps an individual's to feel, think and act in a good manner, suggesting radical changes to be brought in the areas such as school environment, classrooms , curriculum, teaching , text books.

Statement of the Problem

The problem is entitled as follows:

"A Study on Leisure Time Activities among 11th Standard Students of Chennai Schools"

Objectives of the Study

The Following are the Objectives of the study:

1. To find the level of Leisure time activity among the XI standard students is high.
2. To find the Leisure time activity among the XI standard students with respect to their Gender, Type of Management, Parents Qualification, Parent's Income, Community, medium of instruction, Academic performance.
3. To find the significant association between Leisure time activity among the XI standard students with respect to their Gender, Type of Management, Parents Qualification, Parent's Income, Community, medium of instruction, Academic performance.
4. To find the relationship between Leisure time activity and Academic Achievement among the XI Standard students.

Methodology

The investigator obtained permission from the Head of the Institutions for data collection from 300 students. Survey method of study is used and random sampling technique to collect data. Questionnaire consists of 27 statements depicting various leisure time activities. The reliability of the instrument was determined by test method found to be 0.7956 which was significant at 0.01 levels. The following statistical techniques were adopted to realize the objectives and to test hypothesis: Descriptive analysis (Mean and Standard deviation), Differential analysis (t-values F ratio), and associated analysis (Chi-Square test), and Pearson correlation analysis (r).

Major Findings of the Study

1. The level of Leisure time Activity among the XI Standard students is moderate.
2. There is significant difference in their Leisure Time Activity with respect to their Gender, Government VS Government .Aided, Government VS Private Type of Management, Below 10000 VS above 15000 and 10000-15000 vs. Above Parent's Income, BC vs. MBC, BC vs. SC/ST Community, Government vs. Government Aided, Government Vs Private and Government. Aided vs. Private Type of Management.

3. There is significant association between Government, Government Aided and private students with respect Leisure time activity.
4. There is significant relationship in Leisure time activity and Academic Achievement among the XI Standard students.

Educational Implications

The Present study revealed that the study on Leisure Time Activity Among the XI standard students of Chennai schools is effective for proper development and understanding of process skills in teaching effectively and also in develop a positive attitude towards the students. The approach used by the teacher, therefore should be to bring a desirable change in students. Secondary schools needs more relevant curriculum with Leisure Time Activity work also so that student arise many questions among themselves improve their knowledge in problem solving and score high in their Academic Achievement. Schools also should organize to matching small groups of students with caring adult can provide students the coaching about Leisure time Activity and how to use it for their development. Parents can support their children's in using their Leisure time properly so they develop the academic achievement and attitude of the children towards education. Schools board members can revise the mission of the district to empower teachers to stay in rural areas and develop technology in order to support and develop the proper usage of Leisure Time of students to have a bright future.

Conclusion

The positive Leisure time usage can be stimulated in a child from her childhood itself, parents, teachers and the society play a very important role for a child's achievement. In practice, students mostly spend their leisure time activities like, helping parents, planning for future, preparing for examination; various sports are worth mentioning in this context. Thus the survey and the statistics could be taken for the improvement of academic curriculum, for the betterment of education system and definitely for the standard of students whom are the pillars of future India. Teachers and parents can contribute for the need of the children for using the Leisure time properly and usefully for meeting their higher studies and to have a bright future by developing various skills during Leisure Times.

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